

RESOURCES FOR TRANS/GENDER NONCONFORMING YOUTH



Comprehensive Interdisciplinary Medical Services for Transgender, Non-Binary, and Gender-Expansive Transgender Children and Adolescents

Patients receive care at the CAGC clinic within the Division of Pediatric Endocrinology at UCSF Benioff Children's Hospital Oakland. Medical treatment may include administration of gonadotropin-releasing hormone agonists (GnRH-A). These hormones can safely suppress puberty by blocking the production of the principal sex hormones: estrogen and testosterone. Fully reversible, this treatment gives young people time to achieve greater self-awareness of their gender identification; and for those who socially transitioned at a young age, offers them the opportunity to continue developing in the gender they have already affirmed. The second area of medical treatment involves cross-sex hormones, such as testosterone or estrogen, a partially reversible intervention to allow a child or adolescent to align their body with their affirmed gender identity.

Claremont Clinic East

5275 Claremont Ave.
Oakland, CA 94618
Phone: 510-428-3654
<https://www.childrenshospitaloakland.org/main/departments-services/child-and-adolescent-gender-center-clinic--165.aspx>

Child and Adolescent Gender Center Clinic

Ron Conway Family Gateway Medical Building
1825 Fourth St., Sixth Floor
San Francisco, CA 94158
Phone: (415) 353-7337
Fax: (415) 476-8214 (Attention: Dr. Stephen Rosenthal)
Hours: Tuesday afternoons
https://www.ucsfbenioffchildrens.org/clinics/child_and_adolescent_gender_center/



Founded in 1998 by the creators of the Academy Award®-winning short film TREVOR, The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.

The Trevor Project

Trevor Lifeline: 866-488-7386
www.thetrevorproject.org



Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people. We run a hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have

Trans Lifeline

877-565-8860
<https://www.translifeline.org/>



Transgender Law Center works to change law, policy, and attitudes so that all people can live safely, authentically, and free from discrimination regardless of their gender identity or expression.

Headquarters (mailing address)

Transgender Law Center
PO Box 70976
Oakland, CA 94612-0976
phone: 510-587-9696
collect line for inmates & detainees:
510.380.8229
fax: 877-847-1278
Legal Assistance: 415.865.0176 or visit our [Get Legal Help](#) page.
www.transgenderlawcenter.org

CALIFORNIA MINOR CONSENT LAWS – MENTAL HEALTH SERVICES: Minor Consent Services and Parents Access Rules

www.tinyurl.com/glmc5hq



LGBT National Help Center

LGBT National Youth Talkline

1-800-246-PRIDE (7743)

www.glnh.org

The Lesbian, Gay, Bisexual and Transgender (LGBT) National Help Center, founded in 1996, is a non-profit, tax-exempt organization that provides vital peer-support, community connections and resource information to people with questions regarding sexual orientation and/or gender identity. Utilizing a diverse group of LGBT volunteers, we operate three national hotlines, the **LGBT National Hotline**, the **LGBT National Youth Talkline**, and the **SAGE LGBT Elder Hotline** as well as private, volunteer one-to-one online chat, that helps both youth and adults with coming-out issues, safer-sex information, school bullying, family concerns, relationship problems and a lot more. We also maintain the largest collection of resources for the LGBT community in the United States, with 15,000 local resources for cities and towns across the country. We are the oldest and most comprehensive national organization of its type and scope in the United States, providing this critically needed service regardless of age or geographic location. The people who turn to us for help often live in rural and conservative parts of the country and are frequently feeling severely isolated, closeted and despairing, with literally no one else safe to talk to. We provide a safe environment on the phone or internet for people of all ages to discuss issues that they don't feel comfortable talking about anywhere else.



Designed to help health care providers understand the many laws that impact their work with adolescents, TeenHealthLaw.org provides information on laws from minor consent and confidentiality to child abuse reporting, insurance regulations, and more. The site's initial focus is on laws that impact adolescent reproductive health care delivery in California. The National Center for Youth Law's Adolescent Health Law Project was established to provide resources and information to health care providers about laws pertaining to minor consent, confidentiality, child abuse reporting, and other adolescent health concerns. Based on provider requests for information, the project's staff research and create manuals, forms, and other resources and tools to facilitate health care delivery to adolescents in California. Staff also respond to requests for technical assistance, education and training. The Teen Health Law website is an integral part of this work. The Teen Health Law website brings relevant materials from multiple organizations together in one place. The site includes materials produced by several organizations with expertise in the area, including NCYL. We thank our many colleagues at our sister organizations for permission to post and link to their materials and websites.

www.teenhealthlaw.org



Gender Spectrum's mission is to create a gender-inclusive world for all children and youth. To accomplish this, we help families, organizations, and institutions increase understandings of gender and consider the implications that evolving views have for each of us.

510-788-4412
www.genderspectrum.org
info@genderspectrum.org
<https://www.genderspectrum.org/resources/legal-2/>



The National Center for Transgender Equality is the nation's leading social justice advocacy organization winning life-saving change for transgender people.

NCTE was founded in 2003 by transgender activists who recognized the urgent need for policy change to advance transgender equality. With a committed board of directors, a volunteer staff of one, and donated office space, we set out to accomplish what no one had yet done: provide a powerful transgender advocacy presence in Washington, D.C.

Today, NCTE has grown to a staff of 17 and works at the local, state, and federal level to change laws, policies and society.

1400 16th St. NW
Suite 510
Washington D.C. 20036
(202) 642-4542
ncte@transequality.org
<http://www.transequality.org/>



Founded in 1973, Lambda Legal is the oldest and largest national legal organization whose mission is to achieve full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and those with HIV through impact litigation, education and public policy work. As a 501(c)3 nonprofit organization, we do not charge our clients for legal representation or advocacy, and we receive no government funding. We depend on contributions from supporters around the country.

Impact Litigation

We select cases that will have the greatest impact in protecting and advancing the rights of LGBT people and those with HIV.

Education

We lead high-impact public education campaigns to help people exercise the rights they have and to build public support for equality.

Public Policy

We advocate for public policy at the local, state and federal levels to improve the lives of LGBT people, people affected by HIV, and their families and allies.

Western Regional Office
4221 Wilshire Boulevard, Suite 280
Los Angeles, CA 90010-3512
Phone: 213-382-7600
Fax: 213-351-6050
<https://www.lambdalegal.org/>



Understanding your rights is the first step to protecting them. When can the police stop you – and what can they legally demand? You have freedom of speech, but are there some things you cannot say or do? What are your rights at school? Our legal experts answer essential questions about your rights in a series of Know Your Rights guides.

ACLU of Northern California

Executive Director: Abdi Soltani
39 Drumm Street
San Francisco, CA 94111
United States
(415) 621-2493 Fax: (415) 255-1478
Web: <http://www.aclunc.org>

FILE A COMPLAINT:

<https://www.aclunc.org/our-work/get-help>